A simple system for memorising

Memorisation is built on three things: a small new portion, a daily revision cycle, and a teacher who listens. This tracker keeps the first two visible.

Current surah

Field	Notes
Surah	
Ayah range this week	
New portion (daily)	
Revision portion (daily)	
Teacher / reviewer	
Next listening session	

Fourteen-day cycle

Day	New	Revised	Heard by teacher	Notes
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				

Revision map

Tick each completed pass. Three passes over a portion in the first week, then one pass weekly for a month.

Portion	Day 1	Day 2	Day 4	Day 7	Week 2	Week 3	Week 4

A note on method: revise what you memorised yesterday, then the week before, then the month before. This 'spaced' pattern is how long-term retention is built, and it is gentler than re-reading everything daily.